

Discover...

## Geranium

Pelargonium Graveolens  
Steam Distilled

*Calming, Rejuvenating, Inspiring*

**Rosy floral aroma, antiseptic and clarifying.**

Geranium oil comes from the Geranium bush (specifically Pelargonium Graveolens), a perennial shrub with small pink flowers that is native to South Africa. The oil is often compared to Rose oil because of its similar floral scent as well as similar aromatherapy benefits. With its antiseptic properties, Geranium oil is often used topically to treat acne. It's calming scent can lessen anxiety, and help with insomnia.

**Topically\*:** Combine with a carrier oil such as Jojoba and apply directly to the skin. Can help reduce inflammation and improve mood. Can also be used to improve personal scent and reduce anxiety.

**Aromatically:** Diffuse to add a fresh floral scent to any room. The aroma will promote mental clarity, relaxation, and happiness.

**Blends well with...**

**Grapefruit** for clarity

**Lavender** for relaxation

**Rosemary** to cleanse the air

**Cedarwood** to help focus

**More Tips & Common Uses:** Use a small amount of oil topically as a natural insect repellent. Can also be used topically to treat insect bites and relieve itching.

\* Pure essential oils are very potent. We strongly recommend diluting them when applying topically to avoid any potential skin sensitivities. Please refer to our Essential Oil Safety Guidelines for more information.

**Disclaimer:** The information provided here and throughout our website is for educational purposes only and is not intended to treat, cure, or diagnose any condition. This information is not intended as a substitute for consulting with your health care provider. It's best to consult with a healthcare professional before using any essential oil during pregnancy or before using essential oils with children.